

# Chlamydia trachomatis as a cause of acute perihepatitis associated with pelvic inflammatory disease

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**SUMMARY** Of four cases of acute salpingitis and perihepatitis confirmed by laparoscopy *Chlamydia trachomatis* was cultured from the cervix only in two and from both the cervix uteri and the Fallopian tubes in two; the latter finding has not been reported from cases with combined salpingitis and perihepatitis (Fitz-Hugh-Curtis syndrome). Since gonococci, other aerobic, or anaerobic bacteria were not isolated from the Fallopian tubes, an aetiological relationship between *C trachomatis* and the Fitz-Hugh-Curtis syndrome is suggested.

## Introduction

Acute perihepatitis is a localised fibrinous inflammation affecting the upper anterior surface of the liver and adjacent parietal peritoneum. The sequelae are fibrous adhesions between the liver and the diaphragm. The condition frequently occurs in young sexually active women and is usually associated with acute pelvic inflammatory disease (PID)—the Fitz-Hugh-Curtis syndrome (FHC)—although the symptoms of salpingitis are often moderate or even absent.

The clinical picture is often characterised by an acute onset of severe right upper-quadrant abdominal pain, resembling that of acute cholecystitis. Pain may be absent in perihepatitis, which may be diagnosed accidentally during laparoscopy.

The syndrome was first described in 1919 by Stajano.<sup>1</sup> In 1930 Curtis,<sup>2</sup> and four years later Fitz-Hugh,<sup>3</sup> related the syndrome to gonococcal infection. In PID, however, it is becoming increasingly clear that gonococci are only one of several important aetiological agents.<sup>4</sup> Among these, *Chlamydia trachomatis* is of increasing importance,<sup>5</sup> and serological evidence of chlamydial infection as a possible cause of perihepatitis and peritonitis have been reported.<sup>6</sup> Recently, *C trachomatis* has been

cultured from the cervix of two patients with combined nongonococcal salpingitis and perihepatitis.<sup>7</sup>

This report concerns four patients with the FHC syndrome. *C trachomatis* was isolated from the cervix in all and from the Fallopian tubes in two of them.

## Patients and methods

### DIAGNOSIS

Four women aged 18-20 years were admitted to hospital because of right upper-quadrant abdominal pain of 1-2 weeks' duration (table). Three of them also had lower abdominal pain and were suspected of having PID. The clinical examination of the pelvis indicated salpingitis in cases 1, 2, and 3. Diagnostic laparoscopy showed perihepatitis associated with PID—the FHC syndrome—in all four patients. The tubal inflammation was graded according to Weström.<sup>8</sup>

### CULTURE TECHNIQUE

Specimens for isolation of *C trachomatis* were obtained from the cervical canal and from the fimbriae of the Fallopian tubes with a sterile cotton-tipped swab (Medical Wire and Equipment Co, Corsham, Wiltshire). Specimens were placed in a plastic capsule containing 1 ml 0.2 mol sucrose-phosphate (2-SP) medium<sup>9</sup> and then transported at 4°C in a thermo-container.

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TABLE Clinical findings in four women with the Fitz-Hugh-Curtis syndrome

Case	Earlier episodes of salpingitis	Contraception	Duration of symptoms before admission (days)	Tentative diagnosis on admission	White blood cell count ( $\times 10^9/l$ )	ESR*	Rectal temperature on admission (°C)	Tubal inflammatory changes
1	0	IUD inserted 3 weeks earlier	7	Appendicitis? Salpingitis?	10.2	81	39.0	Moderate
2	0	Oral contraceptive	14	Cholecystitis	6.8	65	38.2	Severe
3	1	None	10	Salpingitis	8.3	36	37.2	Moderate
4	0	None	14	Cholecystitis	11.1	20	38.0	Mild

\*Erythrocyte sedimentation rate (mm in first hour)

Cycloheximide-treated McCoy cell cultures were inoculated by the method of Ripa and Mårdh<sup>10</sup> within 24 hours of collection. The cell cultures were incubated at 37°C for 48-72 hours and stained by Giemsa. The cell monolayers were screened by darkground microscopy at  $\times 100$  magnification; findings were subsequently confirmed at  $\times 400$  magnification.

Specimens for anaerobic cultures were aspirated from the cul-de-sac, and routine cultures for *Neisseria gonorrhoeae* were performed with specimens from the cervical canal and the urethra. The former were transported in the syringe used for aspiration and arrived at the department of microbiology within 20 minutes for immediate processing. The bacteriological techniques for isolation and identification of anaerobes were those described.<sup>11</sup> For isolation of gonococci laked haemolysed blood agar was used with a multivitamin supplement and with colistin, lincomycin, neomycin, and trimethoprim as selective additives.<sup>12</sup> The plates were incubated in a humidified atmosphere enriched with 8% CO<sub>2</sub>.

## Results

*C trachomatis* was isolated from the cervical canal of all four patients, regardless of the degree of PID, and from the Fallopian tubes in cases 2 and 4.

In all the patients the liver surface displayed fibrinous plaques and minute haemorrhagic spots. In one patient (case 1) typical violin string-like adhesions were found between the liver capsule and the parietal peritoneum.

The degree of the tubal inflammatory changes are shown in the table.

None of the cultures gave positive results for *N gonorrhoeae* or for anaerobic or aerobic bacteria.

The patients were treated with lymecycline 300 mg twice daily for 12-14 days. All responded satisfactorily.

## Discussion

In the first reports of the FHC syndrome<sup>1-3</sup> perihepatitis was observed only in patients with

gonococcal salpingitis; *N gonorrhoeae* was therefore considered to be the aetiological agent. Later, PID associated with perihepatitis was observed without evidence of gonococcal infection. From Norway, Onsrud<sup>13</sup> reported 24 unselected cases with laparoscopically confirmed FHC syndrome in which cervical cultures gave consistently negative results for gonococci. Husebø *et al*<sup>14</sup> have isolated gonococci from the cervical canal of only two of 12 patients with the same syndrome.

*C trachomatis* as a possible cause of perihepatitis was first reported by Müller-Schoop *et al*.<sup>6</sup> They found serological evidence of a recent chlamydial infection in nine of 11 patients with both perihepatitis and peritonitis. *C trachomatis*, as an aetiological agent of the FHC syndrome, has later been suggested by Wølner-Hanssen *et al*,<sup>7</sup> but they never isolated the micro-organism from the Fallopian tubes and in only two cases from the cervix.

At present the significance of *C trachomatis* within the cervical canal is not completely clear. It may be isolated from the cervix without occurring concomitantly in the Fallopian tubes. In addition, *C trachomatis* has been repeatedly found in the cervix of many apparently healthy women.<sup>15</sup> However, the analogy between chlamydial infections and gonorrhoea would seem to be pertinent. When gonococci have been isolated from the cervix PID has been considered to be of gonococcal origin. In cases of PID without gonococci or anaerobic bacteria but with *C trachomatis*, it would accordingly seem logical to record these cases as being chlamydial in origin. This view is corroborated by the cultural demonstration of *C trachomatis* in the cervix in 35% of cases with PID<sup>5</sup> and by repeated reports of significant increases in antichlamydial antibody titres in cases of PID.<sup>16</sup>

The presence of *C trachomatis* within the Fallopian tubes in cases of PID associated with perihepatitis appears not to have been reported. As none of the microbial species ordinarily responsible for PID could be found, *C trachomatis* must be considered to be the cause of PID in these cases and therefore also of the FHC syndrome.

Consequently, *C trachomatis* is a possible aetiological agent in a number of cases of the FHC

syndrome. This hypothesis is substantiated by the general finding that gonococci have never been cultured from the liver surface and only rarely from within the Fallopian tubes. If our hypothesis is correct, it may only be a matter of time before isolates of *C trachomatis* are reported from the hepatic region.

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